

Wearing-Off Question Card

After taking a dose of levodopa, most people with Parkinson's disease experience a noticeable improvement in their symptoms. Over time, however, many patients notice that their symptoms return before it's time for their next dose. This is called "wearing-off". Symptoms of "wearing-off" include slowness of movement, tremor, difficulty moving in the morning and sudden muscle spasms, among others.

To inform your healthcare professional if you are experiencing any symptoms of "wearing-off", please complete this questionnaire and share it with your doctor.

	Do you ever experience any of these symptoms during the day?	Does the symptom improve after taking the next levodopa dose?
Trouble using your hands (for example, trouble writing, buttoning a shirt or tying shoelaces)	<input type="radio"/>	<input type="radio"/>
Feeling tired	<input type="radio"/>	<input type="radio"/>
Trouble getting out of a chair	<input type="radio"/>	<input type="radio"/>
Muscle cramping	<input type="radio"/>	<input type="radio"/>
Cloudy mind or trouble thinking clearly	<input type="radio"/>	<input type="radio"/>
Trouble speaking	<input type="radio"/>	<input type="radio"/>
Pain	<input type="radio"/>	<input type="radio"/>
General slowness	<input type="radio"/>	<input type="radio"/>
General stiffness	<input type="radio"/>	<input type="radio"/>
Panic attacks (for example, trouble breathing, heart beating faster than usual or sweating)	<input type="radio"/>	<input type="radio"/>
Chest discomfort	<input type="radio"/>	<input type="radio"/>
Stomach discomfort	<input type="radio"/>	<input type="radio"/>
Sweating	<input type="radio"/>	<input type="radio"/>
Sleep Disturbances	<input type="radio"/>	<input type="radio"/>
Hands shaking	<input type="radio"/>	<input type="radio"/>
Slowness in the early morning	<input type="radio"/>	<input type="radio"/>
Slowness of movement	<input type="radio"/>	<input type="radio"/>

Feeling restless	<input type="radio"/>	<input type="radio"/>
Problems with balance	<input type="radio"/>	<input type="radio"/>
Slowness of thinking	<input type="radio"/>	<input type="radio"/>
Bladder problems such as trouble passing urine	<input type="radio"/>	<input type="radio"/>
Early-morning muscle cramps in the feet or legs	<input type="radio"/>	<input type="radio"/>
Stiffness in the afternoon	<input type="radio"/>	<input type="radio"/>
Anxiety	<input type="radio"/>	<input type="radio"/>
Mood changes	<input type="radio"/>	<input type="radio"/>
Weakness	<input type="radio"/>	<input type="radio"/>
Stiffness at night	<input type="radio"/>	<input type="radio"/>
Trouble swallowing	<input type="radio"/>	<input type="radio"/>
Abnormal sensations such as:		
• Hot / Cold	<input type="radio"/>	<input type="radio"/>
• Aching	<input type="radio"/>	<input type="radio"/>
• Numbness	<input type="radio"/>	<input type="radio"/>

Please list up to 3 symptoms from above that you find the most troublesome (1 = most troublesome).

1. _____

2. _____

3. _____

Overall, how troublesome do you find the symptoms you ticked in the first column? *Tick ONE answer only.*

Totally control my life

Slightly troublesome

Very troublesome

Not troublesome at all

Are these symptoms bothersome enough that you would like to discuss a different treatment option with your doctor?

Yes

No